

### 2-6 October | Auckland

Updated 17 August 2016

#### This meet will be swum under SNZ Regulations with the specific conditions & criteria:

- > Age as at 2<sup>nd</sup> October 2016
- > The qualifying period is from 1<sup>st</sup> July 2015 to 18<sup>th</sup> September 2016
- In the morning session there will be timed final races swum in the following age groups; 13 years, 14 years, 15 years, 16 years and 17-18 and 19 & over (Open). The top 10 ranked swimmers in each age group will swim in the final heats of each event, all other swimmers will be rank seeded in combined age groups. Para swimmers events will be swum as open and these swimmers will swim within the able bodied morning events.
- Finals to be held in the evening sessions will consist of the top 40 swimmers from the morning heats swimming in A-D Finals. At least 50 swimmers must swim in an event for a D final to occur, 40 swimmers for a C final and 30 swimmers for a B final.
- > Age group medals will be presented to the following age groups during the evening sessions based on performances in the morning timed finals; 13 years, 14 years, 15 years, 16 years and 17-18 years. Open medals will be presented based on the evening A final results. Club points will be awarded to: (1) Age group timed finals swum in morning session (excluding the 19 and over age group) (2) All finals in the evening session. Please refer to SNZ Regulation 9.1.5 for standard points.
- Individual entry times will be verified against the SNZ Results Database. Performances from unapproved competitions will not be eligible for entry to this competition.
- The qualifying times shown are 25 meter times. Only Short Course times and Long Course Converted times can be used for qualification.
- > Able bodied swimmers shall only enter qualified events. Para swimmers must qualify for at least one event and may enter up to two (2) unqualified Para swimming events.
- Relays will be swum as timed finals in the evening sessions. If there are more teams entered than there are lanes available there will be a heat swim during the morning session of the day that the relay is due to be competed. Only swimmers who have qualified and entered at least one individual event may be entered in relay events. Relays will be swum as open age group with only two teams permitted per club.
- > There is no limit on international visitor entries for heats but only three (3) international visitors may swim in the finals with a maximum of two allowed to swim in any one final.

- All participants must agree to comply with the Sports Anti-Doping Rules & all SNZ Rules and regulations.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming New Zealand or others that have been approved by Swimming New Zealand.

#### ENTRIES

Entries for registered members of SNZ in both Individual and Relay events will be through the Swimming New Zealand membership database. Information on entries from international teams is available on the SNZ website. Online entries will open on Monday 22 August 2016

Entries must be entered into the SNZ database no later than 11.59pm on Tuesday 20 September, 2016. No late entries will be accepted.

Entry fees are \$22.50 individual events and \$45.00 relay events. Payment must be received before commencement of the championship, either through online payment or by payment of invoice once entries close.

**NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.



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		Male						Female		
13 yr	14 yr	15 yr	16 yr	17 & Over		13 yr	14 yr	15 yr	16 yr	17 & Over
					FREESTYLE	E				
27.99	26.85	26.25	25.95	25.45	50	29.40	29.07	28.75	28.65	28.35
1:02.00	58.80	57.30	56.59	55.20	100	1:03.80	1:02.80	1:02.30	1:02.05	1:01.80
2:15.10	2:08.60	2:06.10	2:03.30	2:01.10	200	2:17.65	2:17.10	2:13.60	2:13.40	2:13.10
4:45.20	4:33.20	4:28.13	4:25.20	4:21.20	400	4:51.20	4:47.20	4:45.20	4:41.70	4:40.20
					800	10.01.40	9:51.40	9:46.40	9:41.40	9:36.40
18:49.50	18:07.50	17:34.50	17:29.50	17:19.50	1500					
					BACKSTROK					
32.55	31.05	30.25	30.20	30.00	50	33.65	33.28	33.05	32.95	32.85
1:10.08	1:07.17	1:05.68	1:05.57	1:04.00	100	1:12.80	1:11.60	1:11.10	1:10.60	1:10.40
2:29.60	2:25.60	2:23.09	2:22.27	2:21.13	200	2:36.10	2:32.60	2:32.30	2:31.40	2:31.10
25.07	24.07	22.01	22.02		REASTSTRO		27.20	26.00	26 71	
35.97	34.87	33.91	33.83	33.64	50	37.87	37.38	36.90	36.71	36.45
1:18.75 2:51.29	1:15.72 2:45.38	1:13.82 2:43.40	1:13.32 2:41.44	1:12.76 2:40.44	100 200	1:22.82 2:57.42	1:21.73 2:54.76	1:21.24 2:52.96	1:20.75 2:51.36	1:20.24 2:50.65
2.51.29	2.45.50	2.43.40	2.41.44	2.40.44	200	2.57.42	2.54.70	2.52.90	2.51.50	2.50.05
					BUTTERFL	(				
30.77	29.57	28.95	28.75	28.10	50	32.29	31.85	31.60	31.43	31.30
1:09.30	1:05.85	1:04.67	1:04.38	1:01.96	100	1:12.55	1:11.46	1:10.87	1:10.67	1:10.56
2:37.49	2:30.61	2:26.64	2:25.69	2:24.70	200	2:43.57	2:39.63	2:36.17	2:35.20	2:34.70
					MEDLEY					
1:10.50	1:07.35	1:05.37	1:04.72	1:02.05	100	1:13.19	1:11.82	1:11.32	1:11.13	1:08.33
2:33.60	2:27.27	2:23.60	2:21.93	2:20.60	200	2:37.93	2:35.27	2:34.90	2:34.60	2:34.10
5:26.70	5:13.20	5:08.20	5:06.70	5:03.16	400	5:37.81	5:30.20	5:29.12	5:27.90	5:27.09

### 25m Qualifying Times



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### **Para Swimmers Qualifying Times**

- OPEN -

							Male									
CLASS	50FR	100FR	200FR	400FR	50BK	100BK	50FLY 100FLY			CLASS 50BR		100BR		CLASS	150IM	200IM
S14	36.87	1:19.86	2:50.18	-	45.59	1:31.14	40.77	-		SB14	48.08	1:37.10				
S13	37.98	1:23.72	-	6:47.83	42.80	1:38.09	38.84	1:33.76		SB13	45.38	1:46.60		SM13	-	3:32.17
S12	38.60	1:24.04	-	6:41.44	42.60	1:36.05	40.90	1:33.61		SB12	48.39	1:48.04		SM12	-	3:27.40
S11	41.42	1:33.59	-	7:18.31	48.18	1:47.39	42.53	1:41.14		SB11	51.88	1:55.58		SM11	-	3:54.80
S10	38.14	1:23.89	-	6:30.11	42.59	1:37.29	38.58	1:31.89						SM10	-	3:28.21
<b>S9</b>	39.61	1:27.88	-	6:42.67	44.81	1:38.39	41.49	1:33.00		SB9	45.07	1:48.55		SM9	-	3:36.93
<b>S8</b>	42.05	1:31.30	-	7:02.96	49.66	1:47.10	42.79	1:35.20		SB8	48.35	1:53.63		SM8	-	3:51.63
S7	44.57	1:38.56	-	7:43.34	50.09	1:56.01	50.24	-		SB7	55.48	2:09.98		SM7	-	4:23.18
<b>S6</b>	47.50	1:46.18	-	8:15.15	53.61	1:59.21	50.08	-		SB6	56.95	2:19.19		SM6	-	4:20.63
S5	51.92	1:55.33	4:05.82	-	1:00.00	-	57.35	-		SB5	1:05.37	2:26.72		SM5	-	4:40.94
<b>S4</b>	1:00.23	2:12.63	4:45.58	-	1:14.85	-	1:03.51	-		SB4	1:09.16	2:37.26		SM4	4:08.96	-
<b>S</b> 3	1:10.78	2:36.39	5:21.54	-	1:24.34	-	1:32.11	-		SB3	1:18.97	-		SM3	4:57.08	-

							Femal	e							
CLASS 50FR 100FR 200FR 400FR					50BK	100BK	K 50FLY 100FLY CLA				50BR	100BR	CLASS	150IM	200IM
S14	40.78	1:28.32	3:08.98	-	49.06	1:38.22	47.30	-		SB14	53.32	1:54.80			
S13	43.14	1:33.25	-	7:09.35	57.15	1:49.84	46.85	1:43.55		SB13	56.06	2:09.52	SM13	-	3:50.98
S12	43.85	1:35.90	-	7:42.91	51.63	1:54.17	46.92	1:46.54		SB12	54.34	2:03.05	SM12	-	3:59.10
S11	49.80	1:49.97	-	9:00.64	55.29	2:15.53	56.44	-		SB11	1:01.45	2:34.72	SM11	-	4:57.93
S10	44.73	1:35.79	-	7:12.35	48.82	1:54.14	45.53	1:49.12					SM10	-	4:08.19
<b>S9</b>	45.97	1:38.85	-	7:20.33	50.39	1:50.28	48.23	1:49.82		SB9	54.46	2:11.37	SM9	-	4:08.03
<b>S8</b>	49.73	1:36.08	-	7:39.84	58.91	2:03.71	50.03	1:56.53		SB8	56.82	2:11.81	SM8	-	4:27.90
S7	52.48	1:51.54	-	8:26.17	59.50	2:13.52	59.55	-		SB7	1:07.61	2:27.77	SM7	-	4:50.81
<b>S6</b>	57.57	2:02.79	-	8:59.52	1:08.27	2:20.07	1:03.11	-		SB6	1:09.60	2:39.18	SM6	-	5:02.01
S5	57.09	2:03.93	4:26.80	-	1:09.19	-	1:16.71	-		SB5	1:05.75	2:53.81	SM5	-	6:13.12
<b>S</b> 4	1:21.71	2:58.44	6:07.66	-	1:34.91	-	1:39.76	-		SB4	1:15.57	3:02.79	SM4	5:23.18	-
<b>S</b> 3	1:33.88	3:26.72	7:26.13	-	1:39.58	-	1:39.77	-		SB3	1:42.81	-	SM3	6:24.31	-



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	Day 1 – Sund	ay 2	Octo	ober	D	ay 2 – Monday	/ 3 (	October		Day 3 – Tuesday	40	ctober	D	ay 4 – Wednesda	ay !	5 October	Da	y 5 – Thursd	ay 6 (	October		
Session 1 - Heats						Session 3 -	Hea	its		Session 5 -	Heat	S		Session 7 -	Hea	ats		Session 9	- Hea	S		
Warm Up 7.15 to 8.50am   Start 9am				Warm Up 7.15 to 8.50am   Start 9am				Warn	Warm Up 7.15 to 8.50am   Start 9am				m Up 7.15 to 8.50am	1   S	tart 9am	Warm Up 7.15 to 8.50am   Start 9am						
	00m Free	М	13 &	Over	10	200m IM	М	13 & Over	17	100m IM	М	13 & Over	26	400m IM	F	13 & Over	34	100m Free	М	13 & Over		
	00m Free	F		Over	11	200m IM	F	13 & Over	18	100m IM	F	13 & Over	27	200m Back	М	13 & Over	35	100m Free	F	13 & Over		
	.00m Breast	М		Over	12	100m Back	М		19	50m Free	М	13 & Over	28	200m Back	F	13 & Over	36	200m Fly	М	13 & Over		
	.00m Breast	F		Over	13	100m Back	F	13 & Over	20	50m Free	F	13 & Over	29	100m Fly	М	13 & Over	37	200m Fly	F	13 & Over		
	0m Fly	М		Over	14	50m Breast	М		21	200m Breast	М	13 & Over	30	100m Fly	F	13 & Over	38	50m Back	М	13 & Over		
	i0m Fly	F		Over	15	50m Breast	F	13 & Over	22	200m Breast	F	13 & Over	31	800m Free	F	13 & Over	39	50m Back	F	13 & Over		
7 4	00m IM	М	13 &	Over	16	400m Free	W	13 & Over	23	400m Free	М	13 & Over	47	150m IM	М	Para	40	1500m Free	М	13 & Over		
													48	150m IM	F	Para						
	Session 2	2 - Fi	nals			Session 4 -	Fin	als		Session 6 -	Fina	ls		Session 8 -	Fin	als		Session 10 - Finals				
Wa	rm Up 4.00 to 5.	.30pm	l   Sta	art 6pm	War	m Up 4.00 to 5.50	)pm	Start 6pm	Wa	arm Up 4.00 to 5.50	pm   9	Start 6pm	W	/arm Up 4.00 to 5.50	pm	Start 6pm	War	m Up 4.00 to 5.5	0pm	Start 6pm		
101	200m Free	5	М	Open (4F)	110	200m IM	М	Open (4F)	117	100m IM	М	Open (4F)	126	400m IM	F	Open (4F)	134	100m Free	Μ	Open (4F)		
201				PARA	210			PARA	217			PARA					234			PARA		
102	200m Free	5	F	Open (4F)	111	200m IM	F	Open (4F)	118	100m IM	F	Open (4F)	127	200m Back	М	Open (4F)	135	100m Free	F	Open (4F)		
202				PARA	211			PARA	218			PARA					235			PARA		
103	100m Breas	st	М	Open (4F)	112	100m Back	М	Open (4F)	119	50m Free	м	Open (4F)	128	200m Back	F	Open (4F)	136	200m Fly	M	Open (4F)		
203				PARA	212			PARA	219			PARA	_									
104	100m Breas	st	F	Open (4F)	113	100m Back	F	Open (4F)	120	50m Free	F	Open (4F)	129	100m Fly	м	Open (4F)	137	200m Fly	F	Open (4F)		
204	2001110100			PARA	213	100m Back		PARA	220	55111166	1 ·	PARA	229	2001111		PARA	107	2001111		open ( ii )		
105	50m Fly		м	Open (4F)	114	50m Breast	М	Open (4F)	121	200m Breast	м	Open (4F)	130	100m Fly	F	Open (4F)	138	50m Back	M			
205				PARA	214			PARA					230			PARA	238			PARA		
106	50m Fly		F	Open (4F)	115	50m Breast	F	Open (4F)	122	200m Breast	F	Open (4F)	247	150m IM (Para)	М	PARA	139	50m Back	F	Open (4F)		
206	,			PARA	215			PARA					248	150m IM (Para)	F	PARA	239			PARA		
107	400m IM		м	Open (4F)	116	400m Free	F	Open (4F)	123	400m Free	м	Open (4F)	31	800m Free	F	Open	40	1500m Free	M	Open		
					216			PARA	223			PARA		(Fastest Timed Final)				(Fastest Timed Final)				
8	4x100m Free	CR	F	OPEN					24	4x50m Medley CR	F	OPEN	32	4x50 Free CR	М	Open	41	4x100m Medley (	CR F	OPEN		
9	4x100m Free	CR	М	OPEN					25	4x50m Medley CR	М	OPEN	33	4x50 Free CR	F	Open	42	4x100m Medley (		OPEN		

• 4F denotes that there can be a maximum of 4 Finals (A-D)